

Atlanta Fitness Wellness Workshop Series:

Heart Healthy Boot Camp

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- Heart Disease Is The #1 Killer Today!
 - Learn The Science Of How To Prevent Heart Disease!
 - Learn The Truth About Cholesterol Lowering Medications.
 - Learn How To Reduce Your Cholesterol Without Drugs.
 - Learn What Foods Will Help You Fight Heart Disease !
 - Learn Which Exercise is A Waste Of Time And May Be Harming You!
 - A MUST ATTEND For Anyone Who Is At Risk Of Heart Disease Or Stroke!

The First 20 To Sign Up Get A FREE Gift!
Sign Up TODAY @ The Front Desk!

FREE

Workshop Details:

When: Saturday, February 11th @ 1:30pm

Where: Atlanta Fitness in the Group Fitness Room

FREE